



All Saints CE Primary School and Nursery

Medium Term Planning



Class teacher: Jake Woolcock Year group: 5 Term: Spring 1 Subject: PSHE - Growing and Changing

British Values

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	Growing up and Changing Bodies Respect Liberty Tolerance Rule of Law	Scarf Year 5 SEN: May need a more bespoke approach - To follow up with 1:1's	Body Parts Feelings Growing and Changing Hygiene Personal Hygiene Puberty Relationships Periods Menstruation Body changes Emotions
2	Changing Bodies and Feelings Respect Liberty Tolerance Rule of Law	Scarf Year 5 SEN: May need a more bespoke approach - To follow up with 1:1's	Body Parts Feelings Growing and Changing Puberty Science Relationship Education Reproduction Periods Menstruation LGBT+ Masturbation Wet Dreams Emotions

3	Dear Hetty - Understanding a feeling of Separation Respect Liberty Tolerance	Scarf Year 5	Being different Emotional needs Feelings Resilience Dealing with loss Relationships education Emotions Managing change
4	Qualities of Friendship Respect Liberty Tolerance	Scarf Year 5 - Valuing difference unit	Feelings Friendship Respect Relationships education Communication Relationships Emotions
5	Happy being me Respect Liberty Tolerance Rule of Law	Scarf Year 5 - Valuing difference unit	Being yourself Bullying Prejudice Racism Respect Rights Relationships education Discrimination