



All Saints CE Primary School and Nursery

Medium Term Planning



Class teacher: Lisa Edwards Year group: 6 Term: Spring 2 Subject: Gymnastics 2

Lesson	SKILLS Based L.G.	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science)	Key Vocabulary covered
1	L.G.: I can perform a ten-element sequence using both floor and apparatus	PE Hub Gymnastics lesson 1 Can you describe the asymmetrical balances you have used?	Flight, power, speed, vault, strength, flexibility, weight on hands, partner balances, apparatus
2	L.G.: I can perform with equipment and respond creatively to music	PE Hub Gymnastics lesson 2 Which actions were hardest to perform with equipment/ music?	As above Small equipment, tempo
3	L.G.: I can create judging criteria and assess performance against it	PE Hub Gymnastics lesson 3 How did the judging criteria help performance?	As above, criteria
4	L.G.: I can create and perform interesting patterns as part of a group	PE Hub Gymnastics lesson 4 Why are group movement patterns exciting to watch?	Flight, power, speed, vault, strength, flexibility, weight on hands, partner balances, apparatus, pattern, pathway
5	L.G.: I can select and apply the appropriate walk and presentation to start a sequence	PE Hub Gymnastics lesson 5 How can a canon and unison be included effectively in a sequence?	As above, unison, canon
6	L.G.: I can perform a ten- element sequence within a time ,imit	PE Hub Gymnastics lesson 6 What are the strengths and weaknesses of the performance?	As above, judging criteria