



All Saints CE Primary School and Nursery

Medium Term Planning



Class teacher: Lisa Edwards Year group: 6 Term: Spring 1 Subject: PSHE: Growing and changing

Lesson	SKILLS Based L.G.	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science)	Key Vocabulary covered
1	L.G. understand how media can influence self-image	DOVE Amazing Me lesson 1 Dove & Steven Universe Media and Celebrities	Self-image, appearance ideals, media, influencer, negative impact
2	L.G. describe how body talk can affect people	DOVE Amazing Me lesson 2 Dove Self-Esteem Project x Steven Universe Body Talk Cartoon Network	Body talk, impact
3	L.G. recognize that comparing themselves to others can be harmful and identify positive unique attributes about themselves	DOVE Amazing Me lesson 3 Dove & Steven Universe Competing and Comparing Looks Episode 2	Body image, body talk, compare, positive or negative impact, positive attributes
4	L.G.: Recognise that photos can be changed to match society's view of perfect L.G. Identify qualities that people have, as well as their looks.	SCARF lesson 2 I look great	Media, image, gender stereotype, celebrity, image, manipulated, reality
5	L.G. Define what is meant by the term stereotype	SCARF lesson 3 Media manipulation	Media, image, gender stereotype, celebrity, image, manipulated, reality

	L.G. Recognise how the media can sometimes reinforce gender stereotypes		
6	<p>L.G.: Define the word 'puberty' giving examples of some of the physical and emotional changes associated with it</p> <p>L.G. Suggest strategies that would help someone who felt challenged by the changes in puberty</p>	<p>SCARF lesson 5</p> <p>Is this normal?</p>	<p>Puberty, body parts, body changes, emotional changes</p>