



*Learning for life, building a firm foundation.*



September 2025

Dear Parents/Carers

**Protective Behaviours** (PB's) is a safety awareness and resilience building programme which helps children and adults to recognise any situation where they feel worried or unsafe, such as feeling stressed, bullied or threatened; and explores practical ways to keep safe.

The sessions are around these two key messages:

**'We all have the right to feel safe all the time'**

**'We can talk with someone about anything, even if it feels awful or small'.**

EYFS and Key Stage 1 will start the Protective Behaviours programme during this term and one lesson will be taught each week over a period of 4 weeks. Key Stage 2 will recap the key themes as part of their PSHE curriculum.

Please read the parent/carers booklets and information about protective behaviours on the school website -<https://www.allsaintscephprimaryschoolandnursery.co.uk/>

All the information can be found under the '**All saints Curriculum**' drop down menu. Go to '**PSHE**' and scroll down to the '**Protective Behaviours**' section. Click on the '**we all have the right to feel safe**' link to read the booklet.

If you do have any questions or require any further information, please don't hesitate to contact your class teacher.

Yours sincerely

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