



All Saints CE Primary School and Nursery

Medium Term Planning



Class teacher: Mrs Korzeniewski

Year group: 4 Term: Spring 1

Subject: PE: gymnastics

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	Compose and perform a sequence of 6 elements	PE Hub, Year 4, Gymnastics Lesson 1	Fluency, contrasting, unison, low, combinations, full turn, half-turn, sustained, explosive, power, control, group, similar, different, direction, direction, speed, partner, actions, compositional, stamina, leap
2	Work with a partner to create a sequence in unison	PE Hub, Year 4, Gymnastics Lesson 2	
3	Compose a sequence of actions including some element of weight on hands	PE Hub, Year 4, Gymnastics Lesson 3	
4	Develop a sequence with compositional ideas	PE Hub, Year 4, Gymnastics Lesson 4	
5	Co-operate as a group to refine a short sequence	PE Hub, Year 4, Gymnastics Lesson 5	
6	Compare and judge performances	PE Hub, Year 4, Gymnastics Lesson 6	