



All Saints CE Primary School and Nursery
 Medium Term Planning



Class teacher: Mrs Seaman Year group: 4 Term: Summer 2 Subject: PSHE- Being my best

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	LG: Recognise that there are times when they will make the same choices as their friends and times when they will choose differently.	Scarf, Year 4, Being my best, What makes me ME!	individual unique choices balanced diet wellbeing mental health refuse reduce re-use rot
2	LG: Give examples of choices they make for themselves and choices others make for them;	Scarf, Year 4, Being my best, Making choices	recycle repair re-think community first aid injury minor accident
3	LG: Understand that the body gets energy from food,	Scarf, Year 4, Being my best, SCARF hotel	emergency blood

	water and oxygen and that exercise and sleep are important to our health;		nose bleed choking breathing airway unresponsive casualty burn scald wound recovery
4	LG: Understand the ways in which they can contribute to the care of the environment (using some or all of the seven Rs);	Scarf, Year 4, Being my best, Harold's Seven Rs	
5	LG: Identify qualities and attributes of people who support the school community.	Scarf, Year 4, Being my best, My school community (1)	
6	LG: Basic first aid skills	Scarf, Year 4, Being my best, Basic first aid	