

Dear Parents and Carers,

We would like to inform you about some important updates to the RSHE (Relationships, Sex and Health Education) curriculum.

The updated curriculum will help children to:

- build positive and respectful relationships
- understand how to stay safe both online and offline
- learn about physical and mental wellbeing
- develop confidence, resilience, and independence
- understand the importance of kindness, respect, and inclusion

All learning will continue to be taught in an age-appropriate way and will support children's personal, social, and emotional development.

We will continue to follow the SCARF programme, which has been updated to ensure we cover all of the new statutory guidance and curriculum changes.

Please take the time to read the policy and, if you have any questions or comments regarding these changes, please speak to your child's class teacher.

Our PSHE curriculum, policy, and examples of the resources used in lessons are available to view on our school website: <https://www.allsaintsprimaryschoolandnursery.co.uk/pshe>

You will also receive a half-termly PSHE update, outlining what your child will be learning and how you can support their learning at home.

Thank you for your continued support.

Kind regards,