



All Saints CE Primary School and Nursery

Medium Term Planning



Class teacher: Amanpreet Cheema Year group: 1 Term: Summer 2 Subject: PSHE

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	I can recognise the importance of fruit and vegetables in my daily diet.	SCARF - Being my best - Lesson 1 - I can eat a rainbow.	Healthy, diet, disease, skill, internal, body, lungs, heart, kidney, stomach, blood.
2	I can select foods to make a healthy lunch.	SCARF - Being my best - Lesson 2 - Eat well.	
3	I understand how disease can spread.	SCARF - Being my best - Lesson 3 - Catch it. Bin it. Kill it.	
4	I can recognise that learning a new skill requires practice.	SCARF - Being my best - Lesson 4 - Harold learns to ride his bike.	
5	I can demonstrate attentive listening skills.	SCARF - Being my best - Lesson 5 - Pass on the praise.	
6	I can name major internal body parts.	SCARF - Being my best - Lesson 6 - Inside my wonderful body!	