# All Saints CE Primary School and Nursery
# Medium Term Planning

Class teacher: Mrs Cooke  Year group: 3  Term: Autumn 2  Subject: Science – Health and Movement

| Lesson | Learning Goal (L.G.) | Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing) | Key Vocabulary covered |
|---|---|---|---|
| 1 | To identify that humans get the nutrition they need from what they eat | Plan Bee Lesson 1 – learn about the need for a varied diet, sorting food into groups. | Varied, diet, nutrition, balanced, healthy, dietary restrictions, carnivores, omnivores, herbivores, skeleton, bones, vertebrates invertebrates, humans, muscles |
| 2 | To identify that a balanced diet is needed to stay healthy | Plan Bee Lesson 2 – Continue to learn about a balanced, varied diet, looking at food pyramids, examples of healthy meals and how people with dietary restrictions can still have a balanced diet. | |
| 3 | Investigate which foods different animals eat. | Plan Bee Lesson 3 – Find out what some animals eat and use technical vocabulary to describe different types of animal. | |
| 4 | Carry out an investigation into what pets eat. | Plan Bee Lesson 4 – think about the questions we could ask to find out what pets eat. Use data and present in bar graphs and/or pictograms | |
| 5 | Explore human and animal skeletons | Plan Bee Lesson 5 – Learn about bones in humans and animals | |
| 6 | To find out how the skeleton supports and protects the body and think about how invertebrates are supported | Plan Bee Lesson 6 - Children will learn about the functions of the skeleton in vertebrates, and how some invertebrates move and are protected in different ways. They will then research and describe various invertebrates. | |
| 7 | To find out what muscles are and how skeletal muscles help us to move | Plan Bee Lesson 7 - Children will continue to learn about how the body moves, focussing on the ways muscles work. They will then study a variety of sources to find out more about muscles, noting their findings. | |
| Incorporate STEM science lessons if/where needed or necessary | | | |