



All Saints CE Primary School and Nursery

Medium Term Planning



Class teacher: Amanpreet Cheema Year group: 1 Term: Spring 1 Subject: PSHE

BRITISH VALUES

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	<p>I understand that the body gets energy from food, water and air.</p> <p>I can recognise that exercise and sleep are important parts of a healthy lifestyle.</p>	SCARF - Growing and Changing - Healthy Me.	Healthy, water, food, air, oxygen.
2	<p>I can identify things I could do as a baby, a toddler and can do now.</p>	SCARF - Growing and Changing - Taking care of a baby.	Baby, toddler
3	<p>I understand some of the tasks required to look after a baby.</p> <p>I can explain how to meet the basic needs of a baby.</p>	SCARF - Growing and Changing - Then and now.	Babies
4	<p>I can explain the difference between teasing and bullying.</p>	SCARF - Growing and Changing - Who can help? (2)	Bullying

	<p>Tolerance and Respect</p> <p>I can give examples of what they can do if they experience or witness bullying.</p>		
5	<p>I can identify situations as being secrets or surprises.</p> <p>I can identify who they can talk to if they feel uncomfortable about any secret they are told, or told to keep.</p> <p>Tolerance and Respect</p>	<p>SCARF - Growing and Changing - Surprises and secrets.</p>	<p>Secrets, surprises.</p>
6	<p>I can identify parts of the body that are private.</p> <p>I can describe ways in which private parts can be kept private.</p> <p>Tolerance and Respect</p>	<p>SCARF - Growing and Changing - Keeping privates private.</p>	<p>Private, genitals, penis, vulva.</p>