



All Saints CE Primary School and Nursery

Medium Term Planning

Class teacher: Faye Cooke Year Group 5: Term: Autumn 1 Subject: PE - OAA



British Values

Lesson	SKILLS Based L.G.	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science)	Key Vocabulary covered
1	L.G. Explore different ways of communicating with a blindfolded partner Respect Tolerance	PE Hub - Orienteering - Lesson 1 Work as a pair to complete a challenge 2. Explore ways of communicating 3. Decide which ways of communicating are most efficient	<u>Vocabulary</u> Challenge, plan, trust, solve, team, design, instructions, extend, orient, morse code, decipher, individual, signal. <u>Equipment</u> Variety of ropes, hoops, bean bags, a variety of sports equipment, teaching resource cards, softballs, bibs/bands, marshmallows, spaghetti, whiteboard pen, bucket, water, plastics cups.
2	L.G. to navigate a space and record information accurately.	PE Hub - Orienteering - Lesson 2 1. Work at maximum capacity when running 2. To navigate space and record information correctly 3. Keep an accurate record	
3	L.G Use memory and observation to navigate	PE Hub - Orienteering - Lesson 3 1. Use memory and recall skills to navigate to destinations 2. Using memory methods, remember and recall objects 3. Suggest real-life situations where memory & recall are important	
4	L.G. use teamwork in a variety of activities Respect	PE Hub - Orienteering - Lesson 4	

	Tolerance	1. Solve problems to complete a range of team-based tasks 2. Work collaboratively to improve 3. Perform under pressure	
5	L.G. Use creativity and problem-solving to build the tallest marshmallow tower. Respect Tolerance Democracy	PE Hub - Orienteering - Lesson 5 1. Perform safely and with control 2. Compete against others to complete a challenging task 3. Use ingenuity and imagination to complete a task	
6	L.G. Send and interpret messages using Morse Code Respect Tolerance, Liberty	PE Hub - Orienteering - Lesson 6 1. Decipher simple Morse Code clues 2. Use Morse Code in different contexts 3. Work as part of a team in a Morse Code challenge	