



All Saints CE Primary School and Nursery

Medium Term Planning



Class teacher: Jake Woolcock Year group: 5 Term: Spring 2 Subject: PE Gymnastics

British Values

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	To use space creatively along an L shaped pathway Respect Liberty Tolerance	PE HUB Year 5 Unit 2 Gymnastics	Speed Partner Asymmetrical Elements Control Balance Strength Bridge Warmup Injury Core temperature
2	To refine our round-technique Respect Liberty Tolerance	PE HUB Year 5 Unit 2 Gymnastics	Speed Partner Asymmetrical Elements Control Balance Strength Bridge Warmup Injury Core temperature
3	To refine over-the-shoulder roll and attempt a handstand finish Respect Liberty Tolerance	PE HUB Year 5 Unit 2 Gymnastics	Speed Partner Asymmetrical Elements Control Balance Strength Bridge Warmup Injury Core temperature

4	To smoothly link 2 cartwheels to perform a double cartwheel Respect Liberty Tolerance	PE HUB Year 5 Unit 2 <i>Gymnastics</i>	Speed Partner Asymmetrical Elements Control Balance Strength Bridge Warmup Injury Core temperature
5	To transition into a bridge with control Respect Liberty Tolerance	PE HUB Year 5 Unit 2 <i>Gymnastics</i>	Speed Partner Asymmetrical Elements Control Balance Strength Bridge Warmup Injury Core temperature
6	To develop a 6 element partner sequence incorporating asymmetry Respect Liberty Tolerance	PE HUB Year 5 Unit 2 <i>Gymnastics</i>	Speed Partner Asymmetrical Elements Control Balance Strength Bridge Warmup Injury Core temperature