



# All Saints CE Primary School and Nursery

## Medium Term Planning



Class teacher: Jake Woolcock Year group: 5 Term: Autumn 2 Subject: DT - Trench Diets

### British Values

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	To understand what soldiers had to eat in the trenches. <b>Respect</b>	Give children the expected daily rations for a WW1 soldier and ask them to sort the items into a food web. Is this balanced? Is it nutritious? What would the children add to the diet to make it more balanced? Compare this with the rations given to modern soldiers - See WL - Compare and Contrast	Fibre      Fruits Fats      Vegetables Carbohydrates Sugar    Healthy    Balanced
2	To understand rationing and its effect on the food the UK ate. <b>Respect</b>	Children to explore a replica ration book at look at a recount of the rationing in WW1 and showing the difference it made to what they could cook - Lack of eggs etc What effect would this have had on the meals they could cook and the nutrition they would have received?	Fibre      Fruits Fats      Vegetables Carbohydrates Sugar    Healthy    Balanced
3	Food Safety	Twinkl Food Safety lesson - What to look out for.	

4	Cook a WW1 trench meal - Bully Beef Stew/Corned beef hash.	Children to work with class adults to create an example of what some soldiers may have made using the food they had available - but in a much safer way.	
5	Evaluate	Using a guide, evaluate our WW1 trench meal, what we liked, what we disliked, what we would improve and if we did it next time what would we change	