



All Saints CE Primary School and Nursery

Medium Term Planning



Class teacher: Amanpreet Cheema Year group: 1 Term: Autumn 2 Subject: PE 1

| Lesson | Learning Goal (L.G.) | Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing) | Key Vocabulary covered |
|--------|------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| 1 | I can show moods and feelings we would experience in the jungle. | PE Hub - Dance Unit 1 - Lesson 1 | Stretch, swing, mood, feeling, theme, story, static, friendship, start, friendship, middle, end. |
| 2 | I can move as if we are living in a jungle. | PE Hub - Dance Unit 1 - Lesson 2 | |
| 3 | I can create and perform movements which show friendship. | PE Hub - Dance Unit 1 - Lesson 3 | |
| 4 | I can perform leading and following movements. | PE Hub - Dance Unit 1 - Lesson 4 | |
| 5 | I can perform a short dance. | PE Hub - Dance Unit 1 - Lesson 5 | |
| 6 | I can use repeated actions. | PE Hub - Dance Unit 1 - Lesson 6 | |