



# All Saints CE Primary School and Nursery

## Medium Term Planning



Class teacher: Mrs Korzeniewski Year group: 4 Term: Summer 2 Subject: PSHE  
- Being My Best

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	LG: Recognise that there are times when they will make the same choices as their friends and times when they will choose differently.	Scarf, Year 4, Being my best, What makes me ME!	individual unique choices balanced diet wellbeing
2	LG: Give examples of choices they make for themselves and choices others make for them;	Scarf, Year 4, Being my best, Making choices	mental health refuse reduce re-use rot recycle repair re-think
3	LG: Understand that the body gets energy from food, water and oxygen and that exercise and sleep are important to our health;	Scarf, Year 4, Being my best, SCARF hotel	community first aid injury minor accident emergency
4	LG: Understand the ways in which they can contribute to the care of the environment (using some or all of the seven Rs)	Scarf, Year 4, Being my best, Harold's Seven Rs	blood nose bleed choking breathing airway

5	LG: Identify qualities and attributes of people who support the school community.	Scarf, Year 4, Being my best, My school community (I)	unresponsive casualty burn
6	LG: Basic first aid skills	Scarf, Year 4, Being my best, Basic first aid	scald wound recovery