



All Saints CE Primary School and Nursery Medium Term Planning

Class teacher: Faye Cooke Year group: 3 Term: Autumn 1

Subject: PE 1 Hockey



British Values

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	Keep close control of the ball using the flat side of the stick	PE Hub Lesson 1 Recognise key features of a hockey stick, including how to hold it. Play and control the ball using the flat side of the stick. Attempt to dribble and score.	Hockey, sticks, pitch, run, agility, trap, attack, stop, defend, shoot, control, aim, tackle, block, ball, quick sticks, shaft.
2	To control the ball and pass it in to space Tolerance & Respect	PE Hub lesson 2 Control the ball and pass in to space. Work collaboratively Play in a 2 v 3 game	
3	Use a defensive body position	PE Hub lesson 3 Use a defensive body position in preparation for tackling Use a defensive position to force a mistake and knock balls away from the ball carrier Attempt defensive body positioning in a game to force a mistake	
4	Consistently stop a moving ball ready to pass or shoot. Tolerance & Respect	PE Hub Lesson 4 Control the ball and pass unchallenged Move into a space to receive the ball Use control to work together as a team to score points	

5	Improve our agility and apply it in a game situation	PE Hub Lesson 5 Practise agility skills Identify when you would need to use agility in Hockey Use agility in a small sided game	
6	To avoid our feet contacting the ball and apply basic rules to a game. <u>Democracy, Rule of Law</u>	PE Hub Lesson 6 <u>Grasp and use some basic rules of the game</u> Play avoiding the ball touching your feet Implement some skills learned throughout the unit in the game.	

