

| Recommended items for residential   | DO NOT bring the following items. They will be confiscated!   |
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| <ul style="list-style-type: none"> <li>• Packed lunch (unless you have free school meals)</li> <li>• Refillable water bottle</li> <li>• A waterproof coat</li> <li>• Comfortable outdoor trainers/ walking boots and a pair of spare trainers suitable for walking and climbing</li> <li>• Pyjamas/nightwear (<b>NOT</b> shorts please)</li> <li>• Slippers</li> <li>• Toiletries</li> <li>• Underwear</li> <li>• Sensible clothes suitable for climbing (long - sleeved due to use of harnesses and ropes and short - sleeved etc (not new clothes!)</li> <li>• Spare socks</li> <li>• Sun hat</li> <li>• Suncream</li> <li>• A bin bag or large carrier bag for dirty</li> <li>• Washing Towel (for the shower)</li> <li>• Toiletries (soap, flannel, toothbrush, toothpaste, roll on deodorant, hairbrush or comb, hair bobbles for tying up longer hair)</li> <li>• Plenty of socks</li> <li>• A book if you want to read</li> <li>• Colouring book, paper and pencils if you want to draw etc</li> <li>• Medication (form to be completed and handed into the office before we depart or on the day to the office, Mrs Lusty or Miss Edwards)</li> </ul> | <ul style="list-style-type: none"> <li>• Mobile phones or any other communication device</li> <li>• Toys of any kind</li> <li>• Electronic games or gadgets</li> <li>• Fizzy drinks</li> <li>• Glass bottles/containers</li> <li>• Valuables</li> <li>• Sandals or open-toed shoes</li> <li>• Skirts or dresses (you need your legs covered for all activities)</li> <li>• Sweets/chocolates or biscuits</li> <li>• Hair dryers/straighteners</li> <li>• Make up</li> <li>• Aerosol deodorants (these will be confiscated as they can set off smoke alarms in rooms)</li> </ul> |