

All Saints CE Primary School and Nursery Medium Term Planning



Class teacher: Jake Woolcock Year group: 5 Term: Spring 1 Subject: PE Dance Unit 2

| Lesson | Learning Goal (L.G.) | Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing) | Key Vocabulary covered |
|--------|---|--|--|
| 1 | To communicate the theme of heroes through our dance | PE Hub Dance Unit 2 Lesson 1 | Assemble sissone saute chaine retrograde inversion instrumentation fragmentation |
| 2 | To manipulate and develop actions using a range of devices | PE Hub Dance Unit 2 Lesson 2 | Assemble sissone saute chaine retrograde inversion instrumentation fragmentation |
| 3 | To create interesting and varied dance actions as a group using levels. | PE Hub Dance Unit 2 Lesson 3 | Assemble sissone saute chaine retrograde inversion instrumentation fragmentation |
| 4 | To use jumps to bring power and energy to our dance phrase | PE Hub Dance Unit 2 Lesson 4 | Assemble sissone saute chaine retrograde inversion |

| | | | instrumentation fragmentation |
|---|--|------------------------------|--|
| 5 | To show the theme of attack, performing at a low level | PE Hub Dance Unit 2 Lesson 5 | Assemble sissone saute chaine retrograde inversion instrumentation fragmentation |
| 6 | To work effectively with others to improve movement quality and performance. | PE Hub Dance Unit 2 Lesson 6 | Assemble sissone saute chaine retrograde inversion instrumentation fragmentation |