



All Saints CE Primary School and Nursery

Medium Term Planning



Class teacher: Amanpreet Cheema Year group: 1 Term: Autumn 1 Subject: PE 2

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	I can hit a target.	PE Hub - Attack Defend Shoot Unit 1 - Lesson 1	Attack, defend, compete, roll, rolling, send, throw, under-arm, play against, receive.
2	I can defend a target.	PE Hub - Attack Defend Shoot Unit 1 - Lesson 2	
3	I can roll and slide balls and bean bags.	PE Hub - Attack Defend Shoot Unit 1 - Lesson 3	
4	I can shoot in a game to get points.	PE Hub - Attack Defend Shoot Unit 1 - Lesson 4	
5	I can work with a partner to score points.	PE Hub - Attack Defend Shoot Unit 1 - Lesson 5	
6	I can use attacking and defending skills in a game.	PE Hub - Attack Defend Shoot Unit 1 - Lesson 6	