



All Saints CE Primary School and Nursery

Medium Term Planning



Class teacher: Faye Cooke - Year group: 3 Term: Autumn 1 Subject: PSHE - Keeping Myself Safe

Lesson x2 weekly *	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	I know how I can follow the School Rules	Work on the school rules. Why do we have them and what we can do to make sure we follow them?	Safe, unsafe, situation, pressure, friends
2	Know how to develop a Growth Mindset	Growth Mindset lesson PPT, Fixed vs Growth Mindset sorting activity, Own poster created.	Growth Mindset/Fixed mindset, 'yet'
3	I know that we all have the right to feel safe.	Protective behaviours lesson 1	Rights, responsibility, safe place, feelings, emotions,
4	I can recognise my early warning signs	Protective behaviours lesson 2	Early warning signs
5	I know what to do if someone is doing something I do not like.	Protective behaviours lesson 3	Tell, unsafe secrets, uncomfortable, my body
6	I can identify my network people	Protective behaviours lesson 4	
7	I know how to stay SAFE near waterways	Canal & River trust activities	SAFE - Stay Away From the Edge - message Hazards, dangers, canal, river, open water
*Each Week WL will teach a Zones of Regulation lesson every week for the first half of the Autumn term in addition to the weekly lesson taught by FC.			