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'This is a Good School' Ofsted

10th January 2024

Parent and Carer PSHE Update



Relationships, Sex and Health Education (RSHE)

Dear Families,

All Saints C of E Primary School and Nursery aims to promote the spiritual, moral, cultural, mental and physical development of all learners. Opportunities are provided to prepare the children for the responsibilities and experiences of life in an ever-changing society. This includes teaching children about relationships, health and their changing bodies.

A change in law means that all primary schools are required to teach Relationships and Health Education. The Department for Education has introduced guidance on Relationships, Sex and Health Education (RSHE), to put in place the building blocks needed for positive and safe relationships of all kinds. This will start with family and friends, how to treat each other with kindness, and recognising the difference between online and offline friendships. A key aspect of RSHE is that it contributes to safeguarding, helping children to take care of their bodies and keep themselves safe. This links directly to our Protective Behaviours programme, which is fully focussed on keeping children safe.

Relationships, Sex and Health education (RSHE) is delivered through our whole school PSHE programme SCARF and in particular our Spring term SCARF unit **Growing and Changing**. These lessons are delivered sensitively and at an age appropriate level.

We recognise, in accordance with statutory guidance, that parents have the right to request for their child to be withdrawn from some or all of the sex education delivered as part of the statutory RSHE (other than Sex education in the National Curriculum as part of science). Although not statutory at primary, sex education is highly recommended by the Department for Education. **The 'Making Babies' lesson in Year 6 is the only lesson which contains a non-statutory element.** Parents wishing to exercise the right to withdraw must speak to school and we will make reasonable adjustments and provide suitable work for their child(ren) at this time.

We strongly advise you to take a look at the **parent and carer guide** which outlines the RSHE content taught for each year group from nursery to reception. This can be found on the school website <https://www.allsaintscephrimaryschoolandnursery.co.uk/> Click on the Curriculum button along the top, then click on **PSHE**. Finally scroll down to the heading **Relationships, Sex and Health Education** and click on the parent and carer guide. There are also lots of other useful resources on here so please take a look.

If you do have any questions or require further information or support, please talk to your child's class teacher.

Lisa Harrison
Headteacher