

## Our Intent, Implementation and Impact for Personal, Social, Health and Economic Education

### PSHE Curriculum **Intent**- Why we teach what we teach?

Our intention is that when children leave All Saints primary school, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to flourish, have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware, to an appropriate level, of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being.

Through our curriculum, our school environment, our school ethos and the strength of our relationships, we strive to promote pupils' self-esteem and emotional and physical well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community.

In order to **flourish, thrive** and develop into **happy** adults who contribute effectively to society, pupils at All Saints Primary School and Nursery develop their personalities and behaviour through the specific focus on important values that enable them to reflect, learn, behave with integrity and work consistently well with others.

These values are;

**Truth Faith Peace Love Hope**

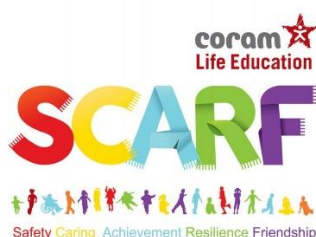
We use a PSHE programme to equip pupils with an age-appropriate, sound understanding of risk, with the knowledge and skills necessary to make safe and informed decisions and to recognise the importance of their own mental health and well-being. Our PSHE curriculum will incorporate an age appropriate understanding of RSE, as set out in the statutory guidance, enabling all children to be safe and to understand and develop healthy relationships both now and in their future lives.

The national curriculum for PSHE aims to ensure that schools teach a broad and balanced curriculum that:

- promotes the spiritual, moral, social, cultural, mental and physical development of pupils at the school;
- prepares pupils at the school of the opportunities, responsibilities and experiences of later life;
- promotes British values

## PSHE Curriculum **Implementation**: How do we teach what we teach?

PSHE is taught as an integral part of our curriculum and underpins our overall aims, values and ethos of our school. PSHE lessons are taught through a clear and comprehensive scheme of work in line with the National Curriculum and the statutory Health Education and Relationships Education guidance. Pupils from nursery to Year 6 are taught PSHE using 'SCARF' (Safety, Caring, Achievement, Resilience and Friendship) which is a spiral, progressive scheme of work with a whole school approach to wellbeing and mental health and a vision for 'all children to acquire the life skills needed to thrive'. At All Saints, we feel it is vital to tailor our PSHE curriculum to meet the needs of our school community and the wider community. We do this by carefully analysing the SDQ and Boxall profiles on a regular basis, listening to our pupils' voice through pupil discussions and health assessment questionnaires and using 'finger tips' to plan a meaningful and enriched PSHE curriculum. This is then reviewed annually and adapted as necessary to meet the needs of all children.



PSHE is taught as a whole school approach focusing on an identified theme each half-term. Each unit aims to activate and build upon prior learning, including EYFS, to ensure better cognition and retention.

The themes are;

Autumn 1- **Keeping Safe**: looking at keeping ourselves healthy and safe; including road safety, water safety and Protective behaviours

Autumn 2- **Me and My Relationships**: includes content on feelings, emotions, conflict resolution and friendships;

Spring 1- **Growing and Changing**: finding out about the human body, the changes that take place from birth to old age and being safe;

Spring 2- **Valuing Difference**: a focus on respectful relationships and British values;

Summer 1- **Rights and Respect**: learning about money, living in the wider world and the environment;

Summer 2- **Being My Best**: developing skills in keeping healthy, developing a growth mindset (resilience), goal-setting and achievement.

During weekly timetabled lessons, using the Coram Life Education scheme of Work SCARF and Protective Behaviours, the following themes are taught in a systematic and progressive manner.

At All Saints CE Primary School and Nursery, puberty is taught as a statutory requirement of Health Education and covered by our SCARF PSHE Programme in the 'Growing and Changing' unit.

We conclude that sex education refers to Human Reproduction, and therefore inform parents of their right to request their child be withdrawn from the PSHE lessons that explicitly teach this. For further information please visit our [RSHE page](#).

PSHE Curriculum **Impact**- How do we know what pupils have learnt and how well they have learnt it? **PSHE Curriculum Impact:**

By the time our children leave our school they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity
  - recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
  - be able to understand and manage their emotions
  - be able to look after their mental health and well-being
  - be able to develop positive, healthy relationship with their peers both now and in the future.
  - understand the physical aspects involved in RSE at an age appropriate level
  - have respect for themselves and others.
  - have a positive self esteem

This is evident through termly pupil discussions, termly PSHE assessments on SONAR, PSHE evidence and coverage in the PSHE portfolios and monitoring by the curriculum leader and regular PSHE, Boxall and SDQ assessments. They have a sound understanding of the meaning and importance of our school values and the essential requirements for effective communication and the development of positive relationships.

Our curriculum allows pupils to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

They leave us well equipped to successfully embrace and enjoy secondary education with a very real view of being an effective and happy contributor in today's world.