



# All Saints CE Primary School and Nursery

## Medium Term Planning



Class teacher: Faye Cooke Year group: 3 Term: Summer 2

Subject: PE - Athletics

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	I can jump and hop in sequence	PE Hub - Athletics - Lesson 1	Run, jump, throw, agility, power, speed, track, forces, distance, curve, accelerate, hurdles, pull, record, pace, approach, combine.
2	I can run at different speeds	PE Hub - Athletics - Lesson 2	
3	I can approach and jump hurdles	PE Hub - Athletics - Lesson 3	
4	I can throw the javelin using the pull throw technique	PE Hub - Athletics - Lesson 4	
5	I can use a range of skipping techniques	PE Hub - Athletics - Lesson 5	
6	I can keep accurate score over a range of events	PE Hub - Athletics - Lesson 6	