



All Saints CE Primary School and Nursery

Medium Term Planning



Class teacher: SS/SS Year group: 2 Term: Summer 1 Subject: PE- Run jump throw unit 1

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	To move quickly whilst being aware of others	See link for full lesson details and resources below: https://thepehub.co.uk/lesson/year-2-run-jump-throw-unit-1-lesson-1/ SEN- adult support/adapted activity	Run throw handle power quick burpee obstacle control stamina static dynamic collect
2	To create power with our legs to turn at speed	See link for full lesson details and resources below: https://thepehub.co.uk/lesson/year-2-run-jump-throw-unit-1-lesson-2/ SEN- adult support/adapted activity	
3	To move through an obstacle course with speed and control	See link for full lesson details and resources below: https://thepehub.co.uk/lesson/year-2-run-jump-throw-unit-1-lesson-3/ SEN- adult support/adapted activity	
4	To choose the best throws for different situations	See link for full lesson details and resources below: https://thepehub.co.uk/lesson/year-2-run-jump-throw-unit-1-lesson-4/ SEN- adult support/adapted activity	
5	To use quick feet whilst sprinting	See link for full lesson details and resources below: https://thepehub.co.uk/lesson/year-2-run-jump-throw-unit-1-lesson-5/ SEN- adult support/adapted activity	

6	To perform static and dynamic balances	See link for full lesson details and resources below: https://thepehub.co.uk/lesson/year-2-run-jump-throw-unit-1-lesson-6/	
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