



# All Saints CE Primary School and Nursery

## Medium Term Planning



Class teacher: Amanpreet Cheema Year group: 1 Term: Summer 2 Subject: PE 1

Lesson	Learning Goal (L.G.)	Brief outline of lesson content (or where this can be found/unit found in, if for example it is a published scheme such as Science, Kapow French or Music, Purple Mash computing)	Key Vocabulary covered
1	I can perform 3 'like actions in a sequence.	PE Hub - Year - Gymnastics - Unit 1 - Lesson 1	Balance, body tension, carry, control, extension, fast, hand, high, jump, low, movement, movement, muscles, music, pattern, roll, sequence, slow, speed, timing, travel.
2	I can carry and set up apparatus safely.	PE Hub - Year 1 - Gymnastics - Unit 1 - Lesson 2	
3	I can tension muscles to hold shapes.	PE Hub - Year 1 - Gymnastics - Unit 1 - Lesson 3	
4	I can jump high and far.	PE Hub - Year 1 - Gymnastics - Unit 1 - Lesson 4	
5	I can travel with good body tension.	PE Hub - Year 1 - Gymnastics - Unit 1 - Lesson 5	
6	I can create a short movement pattern.	PE Hub - Year 1 - Gymnastics - Unit 1 - Lesson 6	